

10 Station Fit-Trail

A 10 station Fit-Trail is an outdoor exercise system installed along a walking or jogging trail. It contains instruction signs and exercise equipment designed for the novice or conditioned athlete.

The typical trail length for a 10 Station fitness system is between 1/4 mile to 1 mile long. Station placement will vary depending on your particular site. Click on the link to see a typical layout for a [10 Station trail system](#). For those with limited space availability, exercise stations can also be grouped in clusters. A typical [10 Station fitness center](#) layout can be viewed by clicking the link. You can also view sketches of [assembled signs and apparatus](#).

For more information on shipping and installation of our outdoor fitness equipment, see our [Shipping and Installation](#) page.

The 10 Station Fit-Trail contains the following exercises, signs and equipment:

Price

\$5995 plus shipping & handling

Normal delivery 2-3 weeks

[Contact us](#) to order your fitness system.







TriActiveAmerican.com



Marina Park - San Leandro, CA
Elite Equipment is the most durable choice at the ocean's edge

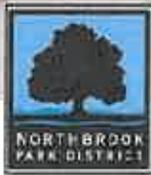




saddleback church

Saddleback Church - Lake Forest, CA

This is a Fitness equipment was installed to help the Saddleback congregation get into shape.



NORTHBROOK
PARK DISTRICT

Moral Park, Northbrook IL

This is an example of a smaller, but complete installation in a local park.



La Quinta Community Fitness Center - La Quinta, CA

The equipment holds up well in desert environments



Draper Park - Draper City, UT

NEW ACTIVSPORT



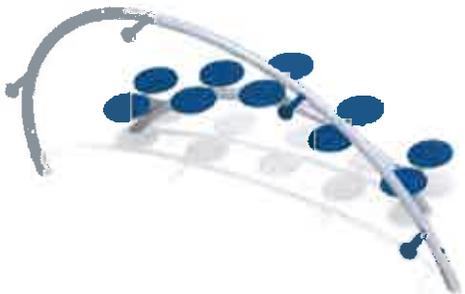
Swing Stride-48960
\$3,000



Dip & Pull Station-48954
\$1,850



TaiChi Stride Hand Bike Combo-48966
\$4,150



Step & Stretch Combo-48962
\$1,975



Wave Ladder \$2,175
48972

Horizontal Ladder \$2,100
48970



TaiChi & Hand Bike Combo
\$1,750 48978



Seated Stretch Combo-48976
\$1,825



Swing Stretch Combo-48976
\$1,875



Step Flex Combo-48962
\$2,050



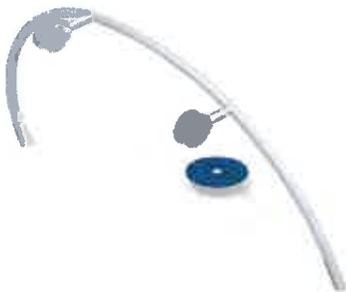
Push-Up Station-48974
\$1,050



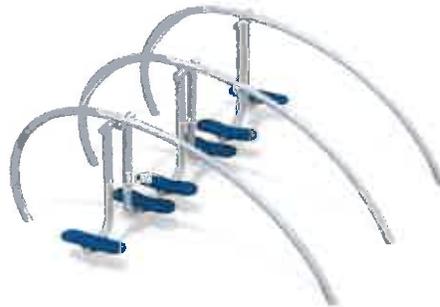
Decline Press
\$1,550



Standing Stretch Combo-48950
\$1,425



Handbike Flex Combo-48952
\$1,450



Double Swing Stride-48968
\$4,275



Double Air Stride-48948
\$3,450



Step+HandBike Combo-48942
\$2,050



Air Stride-45233
\$2,000



Flex-Stretch-48944
\$1,675

REAL FITNESS EQUIPMENT - REAL FITNESS BENEFITS

No indoor fitness center dues or schedules, and the ability to improve Flexibility, Cardio and Muscle Strength outside in the fresh air; anytime on your own schedule, and at your own pace. Our over 30-years experience manufacturing outdoor recreation equipment means we have the Made in the USA strength and know-how to bring comprehensive fitness equipment into the great outdoors, and back it with the longest maintenance-free warranty in the business. Our graceful sweeping designs will compliment any outdoor setting, and act as healthy lifestyle magnets to residents, staff, visitors, tenants and patrons alike.

*SAME PRICE FOR SURFACE MOUNT OR INGROUND MODELS

*PRICES SUBJECT TO CHANGE AT ANYTIME

ACTIVSPORT BASIC MODELS

*SAME PRICE FOR SURFACE MOUNT OR INGROUND MODELS



Cross Trainer-48938
\$2,500



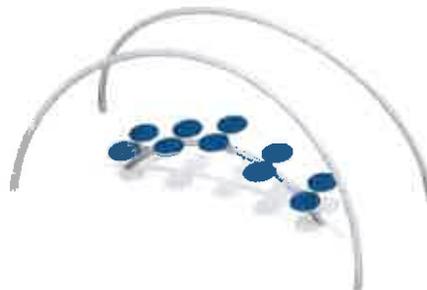
Elliptical-45234
\$2,600



Pull Up Station-45320
\$1,400



Arm Press Station-45236
\$2,400



Step Balance-45227
\$2,400



Leg Press-45232
\$2,000



Stretch Station-45231
\$2,050



Swing Flex-45232
\$2,000



Torso Bench-45228
\$1,200



Core Trainer-45292
\$1,600

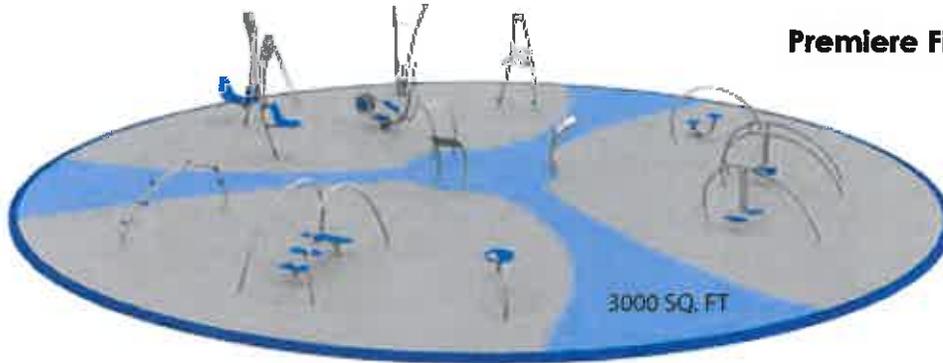


Twist Flex-45226
\$1,600

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ACTIVSPORT PACKAGES

All of our outdoor fitness equipment packages are designed to offer a comprehensive mix of different apparatus and fitness benefits, positioned for minimal space requirements, and to encourage interaction during use.



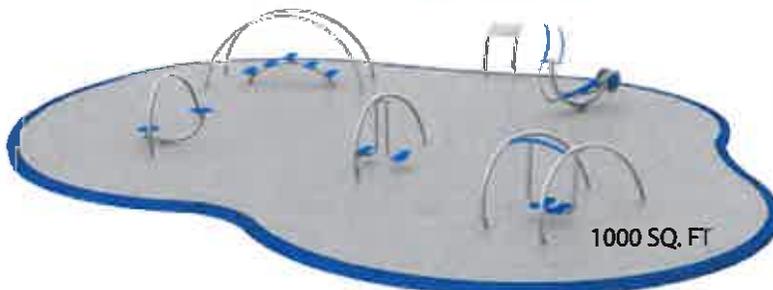
Premiere Fitness Package **\$22,000**

Premiere Fitness package includes a wide variety of outdoor fitness equipment to address every aspect of Flexibility, Cardio, Muscle-Strengthening, Toning, Balance and Coordination.



Advanced Fitness Package **\$13,300**

Advanced Fitness package includes all of the outdoor fitness equipment and fitness benefits of the Total Fitness package, with advanced elements focusing on hip flexibility and side-to-side mobility.



Active Adult Fitness Package **\$11,300**

Active Adult outdoor fitness equipment package as a focus on flexibility, cardio and muscle strengthening; designed to improve mobility, balance, health and strength to foster long and physically independent lifestyles.



Fit Break Fitness Package **\$8,600**

Fit Break outdoor fitness equipment package is designed for employees to loosen tired muscles while burning stress. Only 2-minutes outside will help the 8-hours inside . . . keeping your team healthy!

Total Fitness Package **\$9,700**

Total Fitness package is perfect for limited spaces and limited budgets. Package includes a full arm, legs and full-body outdoor workout to deliver a variety of Flexibility, Cardio, Muscle-Strengthening and Toning fitness



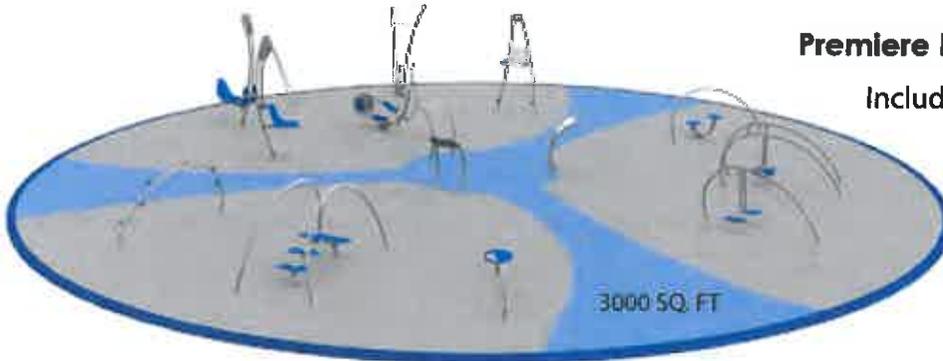
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ACTIVSPORT PACKAGE DETAILS

Premiere Fitness Package

Includes:

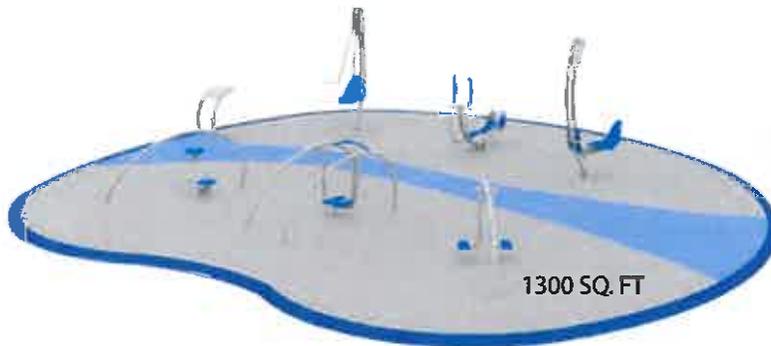
- Swing Flex Station
- Air Stride Flex Station
- Tru Elliptical Station
- Arm Press Station
- Leg Press Station
- Twist Flex Station
- Step Balance Station
- Stretch Station
- Pull-Up Station
- Core Trainer Station
- Torso Bench Station



Advanced Fitness Package

Includes:

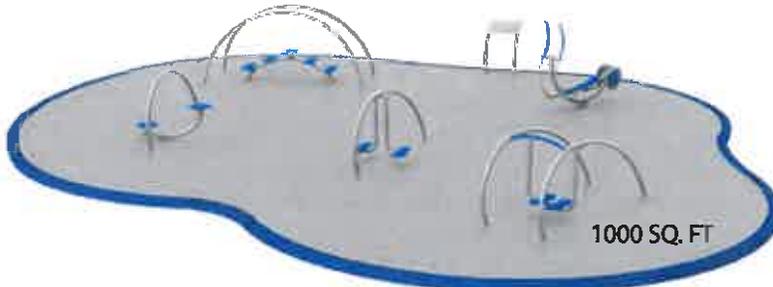
- Twist Flex Station
- Swing Flex Station
- Air Stride Flex Station
- Tru Elliptical Station
- Arm Press Station
- Leg Press Station



Active Adult Fitness Package

Includes:

- Twist Flex Station
- Step Balance Station
- Swing Flex Station
- Air Stride Flex Station
- Tru Elliptical Station



Fit Break Fitness Package

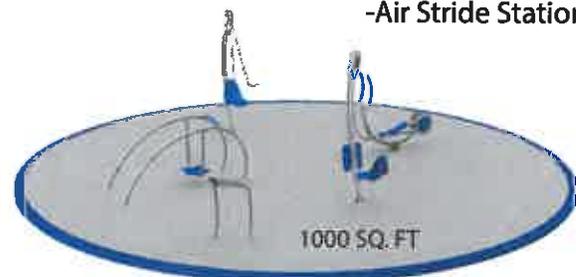
Includes:

- Swing Flex Station
- Leg Press Station
- Tru Elliptical Station
- Air Stride Station



Total Fitness Package

- Includes:
- Arm Press Station
 - Leg Press Station
 - Tru Elliptical Station
 - Air Stride Station



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Adult Fitness Unit

\$7,202.00

[View Adult Fitness Unit](#)

MODEL NUMBER: 8643

AGE GROUPS:

USE ZONE: 24' 9" x 22' 3"



Request a Quote



Find a Rep



Download Plans -
PDF

